



OCT 29TH IS THE ANNUAL FALL BLOOD DRIVE

The blood drive will be hosted on campus between 9am - 2 pm. All students 16 or older are welcomed to donate blood



Importance of Donations

1 in 7 hospital patients
entering a hospital will
need a blood transfusion



Saving Lives

One donation can
potentially save up to
three lives



Need For Blood

Every two seconds,
someone in the U.S. needs
blood

How To Sign Up:

- HOSA will have a lunch time table for sign ups from Oct 1st - Oct 26th
- Students under the age of 18 will get a donor card asking for parent permission
- All donors will be required to wear a mask when donating

Any Questions? Show up to the HOSA table during lunch!

Males between 16 and 22: You must be at least 5' tall and weigh at least 110 pounds.

Females between 16 and 22: If you weigh at least 110 pounds but are shorter than 5'6", please see the minimum weight required by height below. Shorter people must weigh more to achieve a 3500 mL blood volume.

Female Height	≥ 4'10"	≥ 4'11"	≥ 5'	≥ 5'1"	≥ 5'2"	≥ 5'3"	≥ 5'4"	≥ 5'5"
Female Required Weight	≥ 146	≥ 142	≥ 138	≥ 133	≥ 129	≥ 124	≥ 120	≥ 115

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